## **Select Protein Diet**

## Choose only ONE of the following main protein ingredients:

½ lb. Ground Turkey (Organic)

1/2 lb. Rabbit

1/2 lb. Venison

1/2 lb. Quail

1/2 lb. Ostrich

1/2 lb. Ground Beef (high quality organic)

**Note:** Meats can be cooked first for palatability, but are better raw. Do not cook together with other ingredients.

## Add to above:

1/8 tsp. Potassium Chloride (salt substitute, check label) \*
½ lb. Organic pumpkin <u>or</u> ground organic peas <u>or</u> cooked & ground organic carrots

## Stay on above diet for about 2 weeks and then:

Add one of the following to above ingredients each week, one at a time: 250 mg Taurine (crushed into food)

1 tsp. Natural Calcium

In the next week after adding the above ingredients, start to give

by mouth: 0.4cc of omega-3 fatty acids supplement like Nordic Natural, etc. daily

If cat is having diarrhea, add 1/8 tsp. of Ultraflora +/-- to food at each meal. If diarrhea continues after being on this diet for two to four weeks, please call us so that further measures cat be taken.