

## Portion Feeding Plans

Feed 3 small meals per day - this seems to be the ideal frequency for most cats to avoid having food leftover. Meals should be at least 1 hour apart (morning, afternoon, evening or morning, evening, night). A convenient way to feed two cats is to use a 1/3 cup measure and divide it evenly between two bowls. Put food down for 2-5 minutes. When cats are finished eating, put away the remaining food. Do not feed more than the allowed portion at any feeding (don't add the leftovers to the next feeding).

**Choose one of the following plans:**

Dry Food Only:

Feed 1/6<sup>th</sup> cup of dry food three times a day.

Dry & Wet Food:

Feed 1/6<sup>th</sup> cup of dry food twice a day **and** 1/3<sup>th</sup> of a 6 ounce can of wet food once a day **OR** 1/2 of a 3.5 ounce can of wet food.

Dry & Wet Food:

Feed 1/3<sup>th</sup> of a 6 ounce can of wet food **OR** 1/2 of a 3.5 ounce can twice a day **and** 1/6<sup>th</sup> to 1/4<sup>th</sup> cup of dry food once a day.

Wet Food Only:

1/3<sup>rd</sup> of a 6 ounce can three times a day.

Raw or Homemade Foods:

Feed 1/4 - 1/3 cup three times a day.

**Note:** If you have to go away for a vacation, please consider having someone come in twice daily to portion feed your cat(s). They can gain an unbelievable amount of weight in a very short time if fed free choice.